Our Rights and Responsibilities

How our school responds to bullying

- We take bullying seriously and always listen
- We will take immediate action to make sure the bullying stops and everyone is safe
- We will listen and support all the children involved
- We always deal with bullying behaviour and make sure children understand why it is wrong
- We take steps to protect and support children who have been bullied or feel unsafe in any way
- We work with children who have bullied to change their behaviour

Our Responsibilities	Our Rights
To talk to a trusted adult when things are difficult	We all have the right to be safe and not to feel afraid
To listen to other people and to the adults trying to help us	We have the right to know our feelings matter
To be honest	We all have the right to an education
To look after each other, not just our friends but everyone in school	We all have the right to be happy and enjoy school
To think about how others feel	We have the right to be heard and to make the right choices
To care	

St Augustine's CEP School

Our Anti-Bullying Policy

Bullying happens .....

Several

Times

On

Purpose

What to do .....

Start

Telling

Other

People

Together we can STOP it

ABOUT BULLYING...

What is Bullying ?

- A bully hurts someone on purpose
- A bully hurts someone over and over again. It isn't something that only happens once.
- Bullying can be by one person or groups of people

Bullying can be……

Emotional: Hurting people's feelings, leaving out people on purpose

Physical: punching, kicking, spitting, hitting or pushing

Verbal: being teased, name calling

Written: letters, notes, graffiti

Cyber: saying unkind things by text, email and on the internet

Racial or religious: Calling people names or being unpleasant to people because of their race, skin colour, cultural heritage or religion

What to do if you are being bullied:

You Should:

Tell someone and get help straight away

Stay calm

Walk away and find a trusted adult

Support each other

If you see someone being bullied, it is ok to help them if you feel safe enough. If not, get help from an adult quickly

MOST IMPORTANTLY:

If you are being bullied:

Start Telling Other People